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Recycling: How To Prevent The Excess

The idea of recycling is to reuse an item rather than toss it into the trash and have it end up filling space in a landfill, right? Here's a thought; why not have the waste in the first place? Are you with me? How can this be accomplished, you may be asking yourself, and that's good because I have a few ideas I'd like to share.

Be aware of the items you purchase and how they are packaged. Some manufacturers use layers of wrapping that will just get tossed into the trash because there isn't another use for it. Try not to purchase such items. Do a little looking, a little digging, a little research and find items that have less packaging and stick to only buying them. I believe the manufacturers will get the hint when consumers start paying attention to the waste one product makes and opt for its competitor.

A good way to utilize this kind of thinking is to buy in bulk. Buying in bulk cuts way down on the packaging and more often than not, it is a better buy just by the price. That's a win-win, in my book!

I trust that what you've read so far has been informative. The following section should go a long way toward clearing up any uncertainty that may remain.

If you have to buy something that has an excess of packaging, stretch your mind a little and figure out what you can use that excess for and then put it to good use.

A great way to curb the surplus in a landfill is to reuse things and an easy one to do this with is the plastic bags you get to carry your groceries home in. Rather than getting the bags home, emptying the contents and putting them away and throw the used bag into the trash, think about the different things you can use that bag for; in my house all of our home-lunches are carried to and from school in reused plastic bags. We even reuse the bags over and over again, until we know that nothing will stay bagged but will fall out. Just by reusing items like this will cut down greatly on the stuff that is filling up our precious space-craved landfills.

At my grocery store the store has manufactured mesh bags with the company's logo on it and they sell them for less than a dollar. These are excellent for reuse because they last a lot longer than the plastic bags do and if you continue to bring these bags to the store rather than the plastic or even the paper bags that is a few more less that will ever leave the store.

Recycling, at its best, is prevention of excess. Keeping that in mind and taking the steps to incorporate the changes into your life will further enhance the lack of waste and will make it much easier for landfills not to get so over-filled; because over-filled landfills are not a pretty sight and not what we want in our future or in the future of our children, down through the generations. Prevention of waste takes just a little forethought, and any of us are capable of that.

Is there really any information about Recycling that is nonessential? We all see things from different angles, so something relatively insignificant to one may be crucial to another.

About the Author

By Anders Eriksson, feel free to visit his Perpetual20 training site for great bonuses: [Perpetual20](#)

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